Eye drop schedule for cataract surgery

Tick the box to show when you used the eye drops.

| Νo | med | lica | tior |
|-----|-----|------|------|
| ΙVο | med | Ica | tior |

| | Medication | Day <u>before</u> operation | | Day <u>of</u> operation | | Day 1 | | | Day 2 | | | Day 3 | | | Day 4 | | Day 5 | | | Day 6 | | | Day 7 | | | | | |
|---------|------------------------------|--------------------------------|-----|----------------------------|----|-------|-----|----|-------|-----|----|-------|-----|----|-------|-----|-------|-----|-----|-------|-----|-----|-------|-----|-----|----|-----|-----|
| | | 8h | 12h | 18h | 8h | 12h | 18h | 8h | 12h | 18h | 8h | 12h | 18h | 8h | 12h | 18h | 8h | 12h | 18h | 8h | 12h | 18h | 8h | 12h | 18h | 8h | 12h | 18h |
| ek1 | Nevanac | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wed | Dexamethasone /Pred Forte | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ek 2 | Nevanac | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wee | Dexamethasone /Pred Forte | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| sk 3 | Nevanac | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wee | Dexamethasone /Pred Forte | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Tips & information

- If you experience eye complaints (e.g. pain, redness, deteriorating sight) please contact the ophthalmology outpatient clinic of your hospital.
- If you have questions about your medication, read the instructions for use of the prescribed eye drops, or contact your pharmacy
- Your eye will be sensitive for the first few days. This improves as you use the eye drops. It is therefore important that you follow the schedule.
- Scan the QR code for a video on using eye drop glasses to insert the eye drops.
- If you are unable to insert the drops after seeing the video, ask someone for help and/or visit your pharmacy for instruction.



Scan the QR code for instructions on how to use the eye drop glasses





